



COUNSELING INTERESTS

Meditation / Mindfulness _____

Spirituality _____

Phase of Life Transition _____

Addictive Disorder _____

Obsessions/Compulsions _____

Relationships / Family _____

Depression/Anxiety _____

Jungian Analysis _____

1-1 Psychotherapy _____

Reading Recommendations _____

Hypnotherapy _____

Existential / Logotherapy _____

Other _____

Name _____ Date _____